

## Original Article

# Contemporary external beam radiotherapy boost or high dose-rate brachytherapy boost for cervical cancer: a propensity-score-matched, nationwide, population-based cohort study

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**Abstract:** To estimate the survival effects of contemporary external beam radiotherapy (EBRT) boost modalities (intensity-modulated radiation therapy or volumetric modulated arc therapy) and high dose-rate brachytherapy (HDR-BT) boost in patients with cervical cancer (CC). Patients who had been diagnosed as having CC were recruited from the Taiwan Cancer Registry Database. Propensity score matching was performed, and Cox proportional-hazards model curves were used to analyze the all-cause mortality of patients who received standard whole-pelvis irradiation with different boost modalities. The matching process yielded a final cohort of 1,630 patients (815 in the EBRT boost and HDR-BT boost groups, respectively) eligible for further analysis. The multivariate Cox regression analyses indicated that the adjusted hazard ratio (95% confidence intervals) for EBRT boost compared with HDR-BT boost was 1.62 (1.43-1.84). Multivariable analysis revealed that the independent poor prognostic factors of all-cause mortality among patients with CC were adenocarcinoma, no chemotherapy, Charlson comorbidity index score  $\geq 1$ , age  $\geq 60$  years, and advanced International Federation of Gynecology and Obstetrics stage. HDR-BT boost may be more beneficial than contemporary EBRT boost in selected patients with CC.

**Keywords:** Cervical cancer, external beam radiotherapy, brachytherapy, boost, high dose rate

## Introduction

Cervical cancer (CC) is the third most common gynecologic cancer diagnosis and cause of gynecologic cancer death in the United States and is ranked as the cancer with the ninth highest number of deaths in Taiwan [5, 6]. CC currently has a lower incidence and a lower mortality rate than uterine corpus and ovarian cancer as well as numerous other cancers, both in the United States and Taiwan [5-7]. However, CC remains a considerable cause of cancer morbidity and mortality in countries that do not have access to CC screening and prevention

programs [8, 9]. Women with locally advanced CC have higher rates of recurrence and lower survival rates than those with early disease stages [10].

For most women, radiotherapy (RT; in conjunction with chemotherapy) is applied to the pelvis using external beam RT (EBRT) [11, 12]. Cervical brachytherapy (BT)-boost is also administered to maximize local control [13]. BT boost is the local application of radiation to the cervix and part of the vagina [13]. BT boost is an essential component of treatment for locally advanced CC and allows for a higher dose of RT

to be administered to the cervix while sparing the surrounding normal tissue [13-15]. BT boost is initiated when optimal tumor reduction is achieved after EBRT [13]. Adequate cervical regression typically occurs after 2-5 weeks of therapy, depending on the presenting tumor stage and size and response to therapy [16-22]. BT boost can be delivered with either a low-dose-rate (LDR) or high-dose-rate (HDR) system [16-22]. The International Commission on Radiation Units defines LDR-BT as 0.4 to 2 Gy/hour, whereas HDR-BT is delivered at > 12 Gy/hour [16-22]. LDR-BT requires one or two insertions and can be initiated near or after the completion of EBRT. The number of HDR insertions varies by institution but is most commonly in the range of three to six [16-22]. The dose delivered per HDR-BT procedure is adjusted to account for the total number of insertions [23]. Dosimetry and isodose curve distributions may differ for different insertions [23]. The techniques applied for HDR-BT insertions also differ between high-volume and low-volume hospitals [13-15, 24].

Quality research in radiation oncology revealed that the percentage of patients not receiving BT boost increased from 6% in a 1996 to 1999 survey to 13% in a 2005 to 2007 survey [15]. Furthermore, only 65% of patients who received BT boost were treated in a facility that treated fewer than three patients with intact CC per year [13-15]. Therefore, interest has increased in the use of alternatives to BT boost for delivering this consolidative dose of EBRT boost to the cervix because the use of BT boost is limited in nonacademic and low-volume hospitals [5, 24-27]. Contemporary EBRT techniques, such as intensity-modulated radiation therapy (IMRT) and volumetric modulated arc therapy (VMAT), have been assessed because of their ability to deliver a highly conformal dose [2]. Dosimetric analyses and limited single-institution experiences have demonstrated the feasibility of the contemporary EBRT boost approach [3, 4]. These findings have led to concern regarding increasing the use of contemporary EBRT boost modalities (IMRT or VMAT) and reducing the use of HDR-BT with limited comparative outcome-based data, especially in Asia. Therefore, we aimed to estimate the survival effects of contemporary EBRT boost modalities (IMRT or VMAT) and HDR-BT boost in patients with CC. We thus performed propensity

score matching (PSM) between cohorts to obtain comparative data.

### Patients and methods

#### *Data source*

A CC cohort was established using data from the Taiwan Cancer Registry Database (TCRD), maintained by the Collaboration Center of Health Information Application. Patients diagnosed as having CC between January 1, 2008, and December 31, 2016, who received standard whole-pelvis radiotherapy (WPRT) followed by EBRT boost or HDR-BT boost were included. The follow-up duration was from the index date to December 31, 2017. The TCRD contains detailed cancer-related information on patients, including the International Federation of Gynecology and Obstetrics (FIGO) clinical stage, treatment modalities, pathologic data (including pathologic stage), hospital level, irradiation doses, chemotherapy doses, and chemotherapy regimens [28-35].

#### *Study cohort*

The protocols were approved by the Institutional Review Board of Taipei Medical University. Patient diagnoses were confirmed using their pathological data, and patients who received a new diagnosis of CC were confirmed to have no other cancer or distant metastasis. The standard WPRT consisted of a 45-Gy external beam delivered to the pelvis in 25 fractions of 1.8 Gy and a parametrium boost of 50-54 Gy or bulky lymph node boost of 60 Gy using IMRT or VMAT techniques. EBRT boost using IMRT or VMAT techniques was applied to the gross cervical tumor. The median total dose of EBRT boost was 25.2 Gy, with a median fraction size of 1.8 Gy. Moreover, the International Committee on Radiation Units and Measurements' Report 38 outlines the most commonly applied conventions for prescribing BT boost dose points [36]. The radiation dose should be administered to point A, a point located 2 cm superior and 2 cm lateral to the cervical os, along the plane perpendicular to the intrauterine tandem [37]. In Taiwan, HDR-BT is generally performed using high-dose Ir-192 and LDR-BT is not applied for CC treatment [5]. BT boost involves the application of HDR-BT to point A with a median total dose of 25 Gy in five fractions. The timeline of EBRT boost or IC HDR-BT boost was shown as

**Supplementary Figure 2.** Patients were enrolled in this study if they received a chemotherapy regimen that was a platinum-based regimen applied with concurrent RT. For women with locally advanced CC (stage IB3-IVA), primary concurrent chemoradiotherapy would be administered according to the National Comprehensive Cancer Network guidelines [38]. Other inclusion criteria were age  $\geq 20$  years and AJCC stage I-IVA. Patients with metastasis, an age of  $< 20$  years, nonstandard WPRT, unclear chemotherapy regimen and dosage, unclear pathologic type, missing information on irradiation boost modality or RT dose, and unclear staging were excluded. Furthermore, patients with non-platinum-based regimens, immunotherapy, non-IMRT, non-VMAT techniques, stereotactic body radiation therapy (SBRT) boost, and nonrecorded hospital type (academic center or community hospital) were excluded from our cohorts [39].

Finally, patients with CC who received standard WPRT followed by contemporary EBRT boost (IMRT or VMAT) or HDR-BT boost were enrolled and grouped according to whether they received EBRT boost or BT boost. The index date was the date of CC diagnosis. Comorbidities were assessed using the Charlson comorbidity index (CCI) [40, 41]. Only comorbidities noted within 6 months of the index date were included. Comorbidities were identified using the main International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM) codes; diseases recorded at the first admission or identified more than twice during outpatient visits were included as comorbidities.

### *Covariates*

After adjustment for confounders, a Cox proportional-hazards model was established to model the time from the index date until all-cause mortality in patients with CC. PSM was performed to reduce the effects of potential confounding factors during comparisons of therapy outcomes between boost groups. The logits of the propensity scores were matched using calipers of width equal to 0.2 of the standard deviation of the logit of the propensity score [42]. Matching is a common technique adopted for selecting controls with the same background covariates as case participants, thus minimizing any difference between the

two individuals that the investigator believes must be controlled for. All covariates in the HDR-BT boost group, such as age, year of diagnosis, pathologic type, FIGO stage, platinum cumulative dose, CCI score, income, hospital level, and hospital area, were matched through PSM at a 1:1 ratio with those in the EBRT boost group [43].

### *Statistical analysis*

A Cox model was used to regress survival on treatment status using a robust sandwich estimator to account for clustering within matched sets [44]. Multivariate Cox regression analysis was performed to calculate hazard ratios (HRs) to determine whether age, year of diagnosis, pathologic type, FIGO stage, RT boost dose, platinum cumulative dose, CCI score, income, hospital level, and hospital area were independent predictors of treatment choice. Potential predictors were controlled for in the analysis (**Table 1**). The endpoint was all-cause mortality in the two RT boost treatment groups, with the HDR-BT boost group serving as the reference group. Cox proportional-hazards regression analysis was performed on the risk of all-cause mortality, stratified by FIGO stage. Adjusted HRs (AHRs) of all-cause mortality for the PSM cohorts, stratified by boost modality (IMRT or VMAT) and dosage ( $< 20$  Gy boost or  $\geq 20$  Gy boost), were estimated and compared with those for HDR-BT boost. All analyses were performed using SAS version 9.3 (SAS Institute, Cary, NC, USA).  $P < 0.05$  in a two-tailed Wald test was considered significant.

The cumulative incidence of overall survival (OS) was estimated using the Kaplan-Meier method, and differences between RT boost modalities were determined using a stratified log-rank test to compare survival curves (stratify on matched sets) [45].  $P < 0.05$  in a two-tailed Wald test was considered significant.

## **Results**

### *Clinicopathological characteristics*

The matching process yielded a final cohort of 1,630 patients (815 and 815 in EBRT boost group and HDR-BT-boost group, respectively) who were eligible for further analysis; participant characteristics are summarized in **Table 1**. The age distribution was balanced with

## EBRT boost or HDR-BT boost for CC

**Table 1.** Characteristics of patients with cervical cancer in propensity score-matched cohorts receiving different contemporary local boost modalities

Variable		Total (N = 1,630)		EBRT boost (N = 815)		IC HDR-BT boost (N = 815)		P value
		n	(%)	n	(%)	n	(%)	
Age, years	20-49	314	(19.3)	157	(19.3)	157	(19.3)	1.0000
	50-59	370	(22.7)	185	(22.7)	185	(22.7)	
	60-69	272	(16.7)	136	(16.7)	136	(16.7)	
	≥ 70	674	(41.3)	337	(41.3)	337	(41.3)	
Year of diagnosis	2008-2010	423	(26.0)	210	(25.8)	213	(26.1)	0.8763
	2011-2013	686	(42.1)	340	(41.7)	346	(42.5)	
	2014-2016	521	(32.0)	265	(32.5)	256	(31.4)	
Pathologic types	SCC	1403	(86.1)	700	(85.9)	703	(86.3)	0.8264
	Other	227	(13.9)	115	(14.1)	112	(13.7)	
FIGO stage	IA1	51	(3.1)	25	(3.1)	25	(3.1)	1.0000
	IA2	102	(6.3)	51	(6.3)	51	(6.3)	
	IB	155	(9.5)	78	(9.5)	78	(9.3)	
	IIA	186	(11.4)	93	(11.4)	93	(11.4)	
	IIB	476	(29.2)	238	(29.2)	238	(29.2)	
	IIIA	268	(16.4)	134	(16.4)	134	(16.4)	
	IIIB	268	(16.4)	134	(16.4)	134	(16.4)	
	IVA	124	(7.6)	62	(7.6)	62	(7.6)	
Platinum cumulative dose, mg	No chemotherapy	481	(29.5)	244	(29.9)	237	(29.1)	0.8911
	< 500 mg	651	(39.9)	326	(40.0)	325	(39.9)	
	≥ 500 mg	498	(30.6)	245	(30.1)	253	(31.0)	
CCI Scores	0	1031	(63.3)	499	(61.2)	532	(65.3)	0.0604
	1	294	(18.0)	148	(18.2)	146	(17.9)	
	≥ 2	305	(18.7)	168	(20.6)	137	(16.8)	
Income	< NT\$18,000	469	(28.8)	239	(29.3)	230	(28.2)	0.9623
	NT\$18,000-22,500	542	(33.3)	270	(33.1)	272	(33.4)	
	NT\$22,500-30,000	257	(15.8)	127	(15.6)	130	(16.0)	
	≥ NT\$30,000	362	(22.2)	179	(22.0)	183	(22.5)	
Hospital level	Academic center	961	(59.0)	466	(57.2)	495	(60.7)	0.0957
	Nonacademic center	669	(41.0)	349	(42.8)	320	(39.3)	
Hospital area	North	872	(53.5)	436	(53.5)	436	(53.5)	0.9083
	Middle	331	(20.3)	167	(20.5)	164	(20.1)	
	South	402	(24.7)	198	(24.3)	204	(25.0)	
	East	25	(1.5)	14	(1.7)	11	(1.3)	
RT boost dose, Gy	< 20 Gy	655	(40.2)	309	(37.9)	346	(42.5)	0.0028
	≥ 20 Gy	975	(59.8)	506	(62.1)	469	(57.5)	

EBRT, external beam radiotherapy; RT, radiotherapy; HDR, high dose rate; BT, brachytherapy; IC, intracavitary; CCI, Charlson comorbidity index; RT, radiotherapy; FIGO, International Federation of Gynecology and Obstetrics; mg, milligrams; NT\$, new Taiwan dollars.

10-year intervals between the two groups (Table 1). Year of diagnosis, pathologic type, FIGO stage, platinum cumulative dose, CCI scores, income, hospital levels, and hospital area were similar in the two cohorts. The matching variables used in this study were age (20-

49, 50-59, 60-69, ≥ 70), year of diagnosis, pathologic types, FIGO stages, platinum cumulative dose, CCI score, income, hospital level, and hospital area. P values above 0.05 indicated no statistically significant difference in the variables between PSM cohorts (Table 1). The

*P* values of most variables were above 0.5, and the *P* values of age and FIGO stage were close to 1, indicating that the distributions of matching variables were similar. The RT boost dose was not matched because the EBRT boost or HDR boost cumulative total dose and fraction size of RT differed between the two groups (**Table 1**).

#### *Overall survival outcomes between EBRT boost or IC HDR-BT boost*

Survival outcomes were significantly different between patients with CC who received contemporary EBRT boost or HDR-BT boost. Multivariate Cox regression analysis revealed that boost modality was a significant predictor of all-cause mortality (**Table 2**). Multivariate Cox regression analyses indicated that HDR-BT-boost was associated with a higher OS than was EBRT boost. The HR in the univariate model was similar to the HR of the multivariate Cox regression analyses. No significant differences were observed in the explanatory variables for patients with CC who received standard WPRT followed by EBRT boost or HDR-BT boost except for boost modality, age, pathologic type, CCI score, concurrent chemoradiotherapy, and FIGO stage (**Table 2**). In the multivariate Cox regression analyses, the AHR (95% confidence intervals [CIs]) for EBRT boost compared with HDR-BT boost was 1.62 (1.43-1.84). The AHRs (95% CI) were 0.88 (0.73-1.05), 1.08 (1.01-1.06), and 1.23 (1.02-1.47) for all-cause mortality among patients aged 50-59, 60-69, and  $\geq 70$  years compared with those aged 20-49 years, respectively. The AHR of adenocarcinoma was 1.73 (1.49-2.00) compared with that of squamous cell carcinoma, and the AHRs of CCI = 1 and CCI  $\geq 2$  were 1.25 (1.08-1.45) and 1.53 (1.31-1.78) compared with CCI = 0, respectively. The AHRs (95% CI) for FIGO stages IA2, IB, IIA, IIB, IIIA, IIIB, and IVA compared with FIGO stage IA1 were 1.07 (1.01-1.19), 1.12 (1.03-1.20), 1.22 (1.13-1.79), 1.28 (1.32-1.88), 2.15 (1.92-2.95), 2.31 (2.10-3.11), and 3.30 (2.62-4.16), respectively. The AHRs (95% CI) of concurrent chemoradiotherapy were 0.62 (0.53-0.72) and 0.59 (0.50-0.69) for all-cause mortality among patients with a platinum cumulative dose of  $< 500$  and  $\geq 500$  mg compared with those who did not receive chemotherapy (RT alone), respectively.

#### *Overall survival outcomes stratified by FIGO stage*

Multivariate Cox regression analysis revealed that HDR-BT boost was associated with a significantly higher OS compared with EBRT boost with FIGO stages I-III after stratification of patients with CC with FIGO stages I, IIA, IIB, III, and IVA (**Table 3**). The AHRs of all-cause mortality for EBRT boost compared with HDR-BT boost were 1.94 (1.30-2.89), 1.81 (1.23-2.91), 1.80 (1.37-2.38), 1.44 (1.14-1.81), and 1.08 (0.67-1.73) in patients with CC with FIGO stages I, IIA, IIB, III, and IVA, respectively (**Table 3**). However, no significant difference in the all-cause mortality of patients with CC with FIGO stage IVA was observed between those who received EBRT boost and those who received HDR-BT boost. Among the patients with CC with FIGO stages IIA, IIB, III, or IVA, those who received concurrent chemoradiotherapy had a greater OS than those who received no chemotherapy (**Table 3**). No statistically significant difference in all-cause mortality among patients with FIGO stage I was observed between those who received concurrent chemoradiotherapy and those who received RT alone. The other independent poor prognostic factors of all-cause mortality were adenocarcinoma, no chemotherapy in FIGO stages II-IVA, age  $\geq 70$  years, and CCI  $\geq 2$  in patients with CC who received standard WPRT followed by RT boost (**Table 3**).

#### *Kaplan-Meier method for propensity score-matched cohorts*

**Figure 1** displays survival curves for all-cause mortality obtained using the Kaplan-Meier method for the PSM cohort of patients with CC who received standard WPRT, followed by different RT boost modalities, stratified by all FIGO stages (stages I, IIA, IIB, III, and IVA). The OS curve for HDR-BT boost was higher than that for EBRT boost in patients with CC with FIGO stages I-IVA who received WPRT ( $P < 0.0001$ ). The OS curves for HDR-BT boost were higher than that for EBRT boost in FIGO stages I, IIA, IIB, and III ( $P$  values of 0.0007, 0.0196,  $< 0.0001$ , and 0.0004, respectively). The OS curve was not statistically significant between EBRT boost and HDR-BT boost in patients with CC with FIGO stage IVA ( $P = 0.2598$ ).

## EBRT boost or HDR-BT boost for CC

**Table 2.** Cox proportional-hazards regression analysis of the risk of all-cause mortality among patients with cervical cancer who received EBRT boost or IC HDR-BT boost

Variable		Univariate			Multivariate		
		HR	95% CI	P value	AHR	95% CI	P value
RT boost modality	IC HDR-BT boost	1.00		< 0.0001	1.00		< 0.0001
	EBRT boost	2.30	(2.06-2.57)		1.62	(1.43-1.84)	
Pathologic type	SCC	1.00		< 0.0001	1.00		< 0.0001
	Adenocarcinoma	1.52	(1.31-1.75)		1.73	(1.49-2.00)	
FIGO stage	IA1	1.00		< 0.0001	1.00		< 0.0001
	IA2	1.11	(1.00-1.22)		1.07	(1.01-1.19)	
	IB	1.19	(1.02-1.32)		1.12	(1.03-1.20)	
	IIA	1.27	(1.09-1.71)		1.22	(1.13-1.79)	
	IIB	1.33	(1.04-1.46)		1.28	(1.32-1.88)	
	IIIA	2.27	(1.92-2.69)		2.15	(1.92-2.95)	
	IIIB	2.54	(1.99-2.88)		2.31	(2.10-3.11)	
	IVA	3.44	(2.76-4.29)		3.30	(2.62-4.16)	
RT boost dose	< 20 Gy	1.00		< 0.1264	1.00		0.1503
	≥ 20 Gy	1.15	(0.81-1.51)		1.13	(0.90-1.39)	
Platinum cumulative dose	No chemotherapy	1.00		< 0.0001	1.00		< 0.0001
	< 500 mg	0.48	(0.42-0.55)	< 500 mg	0.62	(0.53-0.72)	
	≥ 500 mg	0.45	(0.39-0.52)		0.59	(0.50-0.69)	
Age	20-49	1.00		< 0.0001	1.00		< 0.0001
	50-59	0.93	(0.78-1.10)		0.88	(0.73-1.05)	
	60-69	1.10	(1.01-1.19)		1.08	(1.01-1.06)	
	≥ 70	1.96	(1.68-2.28)		1.23	(1.02-1.47)	
Year of diagnosis	2008-2010	1.00		0.2790	1.00		0.2941
	2011-2013	1.08	(0.95-1.23)		0.96	(0.85-1.10)	
	2014-2016	0.97	(0.83-1.13)		0.88	(0.75-1.03)	
CCI score	0	1.00		< 0.0001	1.00		< 0.0001
	1	1.50	(1.30-1.72)		1.25	(1.08-1.45)	
	≥ 2	2.17	(1.89-2.48)		1.53	(1.31-1.78)	
Income	< NT\$18,000	1.00		0.0658	1.00		0.1019
	NT\$18,000-22,500	0.89	(0.77-1.02)		0.84	(0.73-1.07)	
	NT\$22,500-30,000	0.88	(0.74-1.05)		0.97	(0.81-1.16)	
	≥ NT\$30,000	0.82	(0.70-1.05)		0.93	(0.80-1.09)	
Hospital level	Academic centers	1.00		< 0.0001	1.00		0.1534
	Nonacademic centers	1.33	(1.19-1.49)		1.09	(0.97-1.23)	
Hospital area	North	1.00		0.1419	1.00		0.2272
	Middle	1.03	(0.90-1.17)		1.10	(0.96-1.26)	
	South/East	1.15	(1.00-1.31)		1.11	(0.97-1.28)	

EBRT, external beam radiotherapy; HDR, high dose rate; BT, brachytherapy; IC, intracavitary; CCI, Charlson comorbidity index; RT, radiotherapy; FIGO, International Federation of Gynecology and Obstetrics; mg, milligrams; NT\$, new Taiwan dollar; AHR, adjusted hazard ratio; CI, confidence interval; HR, hazard ratio; \*All of the aforementioned variables were used in the multivariate analysis.

### *Different contemporary EBRT techniques and boost*

The AHRs of all-cause mortality for the PSM cohorts, stratified according to RT technique (IMRT or VMAT) and total cumulative boost dosage (< 20 or ≥ 20 Gy boost), are displayed in [Supplementary Figure 1](#). The OS of patients

with CC who received WPRT followed by HDR-BT boost was significantly higher for overall, I, IIA, IIB, and III FIGO clinical stages ([Supplementary Figure 1](#)). The OS of IMRT boost or VMAT boost was inferior to that of HDR-BT boost for all FIGO stages. The OS of patients with FIGO stages I and IIA who received a boost dose of < 20 Gy was not significantly

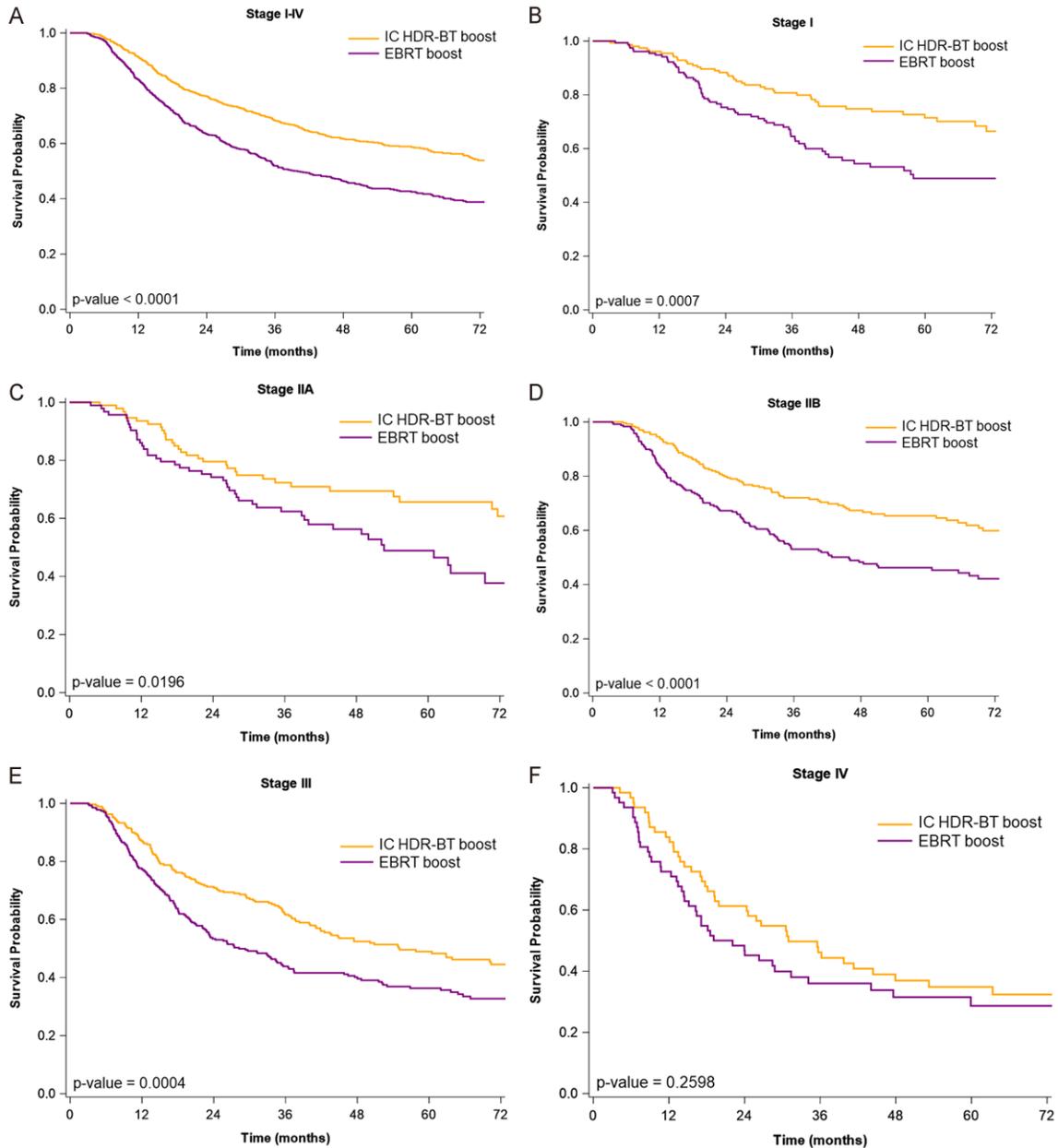
## EBRT boost or HDR-BT boost for CC

**Table 3.** Cox proportional-hazards regression analysis of the risk of all-cause mortality, stratified by FIGO stage

Variable		Stage I			Stage IIA			Stage IIB			Stage III			Stage IVA		
		AHR	95% CI	P value	AHR	95% CI	P value	AHR	95% CI	P value	AHR	95% CI	P value	AHR	95% CI	P value
RT boost modality	IC HDR-BT boost	1.00		0.0004	1.00		0.0029	1.00		< 0.0001	1.00		0.0001	1.00		0.2713
	EBRT boost	1.94	(1.30-2.89)		1.81	(1.23-2.91)		1.80	(1.37-2.38)		1.44	(1.14-1.81)		1.08	(0.67-1.73)	
Pathologic type	SCC	1.00		0.0372	1.00		0.0733	1.00		< 0.0001	1.00		0.0009	1.00		0.0397
	Adenocarcinoma	1.46	(1.02-2.08)		1.66	(0.95-2.90)		2.01	(1.56-2.60)		1.62	(1.22-2.15)		1.66	(1.02-2.68)	
RT boost dose	< 20 Gy	1.00		0.0595	1.00		0.0783	1.00		0.2650	1.00		0.1694	1.00		0.0699
	≥ 20 Gy	1.41	(0.99-2.02)		1.43	(0.96-2.11)		1.13	(0.91-1.40)		1.15	(0.94-1.41)		1.44	(0.97-2.13)	
Platinum cumulative dose	No chemotherapy	1.00		0.2316	1.00		0.0085	1.00		0.0136	1.00		< 0.0001	1.00		0.0035
	< 500 mg	0.71	(0.48-1.06)		0.49	(0.29-0.81)		0.68	(0.51-0.89)		0.57	(0.44-0.74)		0.60	(0.37-0.97)	
	≥ 500 mg	0.79	(0.52-1.19)		0.52	(0.31-0.86)		0.67	(0.49-0.92)		0.56	(0.43-0.74)		0.38	(0.22-0.67)	
Age	20-49	1.00		0.1522	1.00		0.1320	1.00		< 0.0001	1.00		0.0058	1.00		0.0042
	50-59	1.22	(0.75-1.98)		1.09	(0.57-2.10)		0.86	(0.63-1.18)		0.71	(0.53-0.96)		0.98	(0.48-2.02)	
	60-69	1.17	(0.67-2.03)		0.70	(0.35-1.39)		0.69	(0.48-1.02)		0.71	(0.51-1.09)		0.86	(0.41-1.79)	
	≥ 70	1.66	(1.03-2.68)		1.47	(1.15-1.69)		1.37	(1.06-1.84)		1.24	(1.16-1.41)		1.17	(1.05-2.13)	
Year of diagnosis	2008-2010	1.00		0.5574	1.00		0.4280	1.00		0.8723	1.00		0.9666	1.00		0.0607
	2011-2013	0.95	(0.67-1.34)		0.82	(0.52-1.28)		1.02	(0.81-1.30)		1.02	(0.82-1.28)		0.70	(0.45-1.07)	
	2014-2016	0.79	(0.51-1.23)		0.69	(0.39-1.22)		0.95	(0.71-1.28)		1.04	(0.80-1.35)		0.53	(0.31-0.92)	
CCI score	0	1.00		0.0006	1.00		0.0064	1.00		0.0009	1.00		0.0544	1.00		0.0380
	1	1.17	(0.78-1.74)		1.49	(0.92-2.41)		1.15	(0.88-1.51)		1.25	(0.96-1.63)		1.38	(0.83-2.31)	
	≥ 2	2.05	(1.41-2.98)		2.06	(1.31-3.24)		1.71	(1.29-2.26)		1.23	(1.13-1.61)		1.14	(1.09-2.32)	
Income	< NT\$18,000	1.00		0.9812	1.00		0.2621	1.00		0.0777	1.00		0.4510	1.00		0.2693
	NT\$18,000-22,500	1.08	(0.74-1.56)		0.92	(0.59-1.46)		0.72	(0.56-1.3)		0.86	(0.68-1.09)		0.66	(0.42-1.05)	
	NT\$22,500-30,000	1.02	(0.63-1.64)		1.45	(0.82-2.56)		0.75	(0.52-1.09)		1.07	(0.79-1.44)		0.79	(0.42-1.49)	
	≥ NT\$30,000	1.07	(0.69-1.64)		0.78	(0.43-1.43)		0.86	(0.66-1.13)		0.91	(0.70-1.19)		1.03	(0.62-1.71)	
Hospital level	Academic center	1.00		0.1709	1.00		0.6078	1.00		0.8042	1.00		0.2065	1.00		0.8170
	Nonacademic centers	1.25	(0.91-1.73)		0.90	(0.62-1.33)		1.03	(0.83-1.27)		1.14	(0.93-1.39)		1.05	(0.71-1.54)	
Hospital area	North	1.00		0.5646	1.00		0.4673	1.00		0.2864	1.00		0.8413	1.00		0.3926
	Middle	0.88	(0.61-1.27)		0.84	(0.54-1.31)		1.19	(0.94-1.50)		1.07	(0.85-1.35)		1.44	(0.85-2.46)	
	South/East	1.10	(0.77-1.57)		1.17	(0.73-1.86)		1.15	(0.88-1.50)		1.04	(0.82-1.33)		1.17	(0.75-1.81)	

EBRT, external beam radiotherapy; HDR, high dose rate; BT, brachytherapy; IC, intracavitary; CCI, Charlson comorbidity index; RT, radiotherapy; FIGO, International Federation of Gynecology and Obstetrics; mg, milligrams; NT\$, new Taiwan dollars; AHR, adjusted hazard ratio; CI, confidence interval; HR, hazard ratio. \*All of the aforementioned variables were used in the multivariate analysis.

## EBRT boost or HDR-BT boost for CC



**Figure 1.** Survival curves of all-cause mortality obtained using the Kaplan-Meier method for propensity score-matched cohorts at (A) stages I-IV, (B) stage I, (C) stage IIA, (D) stage IIB, (E) stage III, and (F) stage IVA.

different between those who received EBRT boost and those who received HDR-BT boost (Supplementary Figure 1).

### Discussion

Boost techniques with BT or contemporary EBRT techniques are expected to provide a higher dose of RT to the cervix while sparing the surrounding normal tissue. The value of BT boost was demonstrated in a 2013 study of

over 7,000 women with stage IB2 to IVA CC identified from the Surveillance, Epidemiology, and End Results database [13]. A matched cohort analysis of patients treated between 2000 and 2009 revealed that the use of BT boost resulted in significantly higher rates of cancer-specific survival (64% versus 52%) and OS (58% versus 46%) after 4 years. However, the aforementioned study also revealed a decrease in the use of BT between 1998 and 2009 from 83% to 58%. This decrease in use

was observed regardless of stage and histologic type [13]. The use of boost appears to be crucial in patients with CC, with BT boost displaying superior OS compared with no BT boost and no difference compared with contemporary EBRT boost [13].

Another population-based study involved the analysis of data from the National Cancer Database of 7,654 patients treated between January 2004 and December 2011 with advanced FIGO stages IIB to IVA cervical carcinoma [25]. Gill et al. reported a decrease in the use of BT for the curative treatment of CC from 97% in 2004 to 86% in 2011 [25]. They further reported that the use of advanced technologies, such as IMRT or SBRT, for boost increased from 3.3% to 14% over the same period [25]. Multivariable survival analysis revealed that using IMRT boost or SBRT boost resulted in inferior OS compared with brachytherapy (HR: 1.86). This lower survival also occurred with a higher HR compared with the survival decrease when chemotherapy was not administered (HR: 1.56) [25]. However, Gill et al. only investigated patients with CC in advanced stages (IIB-IVA), and more than 50% of patients had stage IIB-IVA CC. Therefore, the findings could not be extrapolated to early stages or all stages [25]. Moreover, their study did not include a head-to-head PSM cohort study design, and thus numerous clinical characteristics were significantly inhomogeneous between the IMRT/SBRT boost and BT boost groups [25]. Furthermore, most of the included patients were Caucasian, with scarcely any Asian patients [25]. The biologically effective dose (BED) differs considerably.

IMRT and SBRT [46, 47] and the combination of IMRT and SBRT used in the study by Gill et al. may be unsuitable. Furthermore, LDR-BT is a common type of BT in the United States and European countries [48]. Gill et al. did not describe the BT equipment used for HDR and LDR-BT boost [25]. The EBRT boost modalities in their study differed from the standard RT fraction size boost with IMRT/VMAT boost used in our study [25]. The BT boost modalities were unclear in the study by Gill et al., whereas ours were all HDR-BT boost. We aimed to answer the research questions using homogeneous techniques and a standard radiation fraction size for comparing contemporary EBRT boost with HDR-BT boost.

HDR-BT and LDR-BT are valuable options for dose escalation when used in conjunction with EBRT for men with intermediate-risk, localized prostate cancer [49]. Research on RT dose escalation in prostate cancer has indicated that in addition to BT boost, IMRT with dose escalation seems to be a reasonable and feasible treatment for patients with prostate cancer [1]. RT dose escalation improved the 5-year biochemical control rate for the intermediate-risk prostate cancer group. IMRT led to lower acute and late genitourinary side effects compared with BT boost [1]. IMRT enabled further dose escalation and exhibited lower GI side effects among prostate cancer patients compared with BT boost [1]. The dosimetric results were similar for IMRT and VMAT in patients with CC [50]. IMRT/VMAT boost would thus be expected to achieve favorable outcomes. Therefore, we administered IMRT and VMAT in the same group (**Table 1**). Although a comparative study investigated standard RT fraction size with IMRT boost and BT boost in pelvic malignancies, such as prostate cancer [1], no comparative study has assessed standard RT fraction size with IMRT boost and BT boost in patients with CC. Our study is the first to estimate the effects of IMRT/VMAT boost and HDR-BT boost in patients with CC.

As indicated in **Table 1**, all covariates in our PSM cohorts were balanced between the EBRT boost and BT boost groups. The multivariable analysis presented in **Table 2** indicates that the independent poor prognostic factors of all-cause mortality are adenocarcinoma, no chemotherapy, CCI score  $\geq 1$ , age  $\geq 60$  years, and advanced FIGO stage for patients with CC. Some independent poor prognostic factors of all-cause mortality were determined to be no chemotherapy, old age, high CCI score, advanced FIGO stage, and EBRT boost, which accorded with the results reported by Gill et al. [25]. However, the study by Gill et al. involved various CC histologies, and they did not report adenocarcinomas [25]. Our study revealed that adenocarcinomas are a poor independent prognostic factor for patients with CC who received RT, which accords with the results of other studies [26, 27, 51]. Our study revealed that cumulative total doses of platinum are proportional to OS, especially in patients with FIGO stage IV (**Tables 2 and 3**). Gill et al. did not report chemotherapy regimens or doses [25]. FIGO stage has a significant effect on OS (**Table**

2); thus, stratification by FIGO stage was performed, as presented in **Table 3**. The survival effects of EBRT boost and HDR-BT boost could be differentiated between different FIGO stages (**Table 3**). However, the survival effects of EBRT boost and BT boost could not be differentiated between different FIGO stages in the study by Gill et al. [25].

Multivariate analysis stratified by FIGO stage revealed that the independent prognostic factors of all-cause mortality were mostly similar in all stages (**Tables 2 and 3**). The only difference was “no chemotherapy”, which was not a statistically significant prognostic factor for all-cause mortality in patients with FIGO stage I. Although some experts prefer concurrent chemoradiotherapy in these patients with CC, whether the benefits of concurrent chemoradiotherapy outweigh the increased morbidity of treatment in women with stage I cervical cancer has not been determined. As presented in **Table 3**, we demonstrated that concurrent chemoradiotherapy did not have survival benefits in patients with FIGO stage I CC who received RT. Therefore, RT alone may suffice for FIGO stage I CC. Furthermore, the other independent prognostic factors of all-cause mortality in FIGO stage I were similar in all stages (**Table 2**). Poor prognostic factors of all-cause mortality included adenocarcinoma, age  $\geq 70$  years, and CCI score  $\geq 2$  (**Table 3**). Furthermore, nonsignificant survival differences in patients with FIGO stage IVA CC were observed between those treated with EBRT boost and those treated with HDR-BT boost (**Table 3 and Figure 1**). Primary concurrent chemoradiotherapy should be provided for women with locally advanced CC [52]. The benefits of treatment are higher among women with earlier stages compared with more advanced stage [53, 54]. The nonsignificant difference in survival after EBRT boost and HDR-BT boost may be partially caused by incomplete eradication of most of the tumor burden in FIGO stage IVA CC after standard WPRT with either EBRT boost or HDR-BT boost, resulting in a lack of significant survival benefits from HDR-BT boost among patients with stage IVA CC (**Table 3**). Moreover, tumors of FIGO stage IVA may display a wide-ranging field extension beyond the isodose curve of HDR-BT boost. Therefore, FIGO stage IVA CC could not be eradicated by HDR-BT boost.

This is the first study to report the AHRs of all-cause mortality for PSM cohorts, stratified by different contemporary EBRT techniques (IMRT or VMAT) and boost dosages ( $<$  or  $\geq 20$  Gy), as displayed in [Supplementary Figure 1](#). Survival was higher when HDR-BT boost was used than when either IMRT boost or VMAT boost EBRT was used, which may be because of the insufficient irradiation BED for eradicating CC using EBRT boost compared with HDR-BT boost [55]. Stratification of the boost dosage revealed that at a dose of  $\geq 20$  Gy, the survival rate was higher for HDR-BT boost than for EBRT boost for patients with CC in all FIGO stages (I, IIA, IIB, III, and IVA). However, no significant survival differences were observed between EBRT boost and HDR-BT boost in patients with CC with FIGO stage I or IIA for boost doses of  $< 20$  Gy. This lack of a significant difference in FIGO stages I-IIA (early-stage CC) may be because the relatively small tumor burden of early-stage CC could be eradicated by WPRT followed by EBRT boost or HDR-BT boost ([Supplementary Figure 1](#)). Our findings indicate that WPRT followed by EBRT boost could be considered an alternative boost choice for early-stage CC (FIGO stages I-IIA) if BT equipment is limited.

The strengths of this study are its large sample size and the consistent covariates of the CC population after PSM. We achieved balanced clinical characteristics between the EBRT boost and HDR-BT boost groups. Most major covariates (age, year of diagnosis, pathologic type, FIGO stage, RT boost dose, platinum cumulative dose, CCI score, income, hospital level, and hospital area) were considered in the PSM analysis. The present study is the first head-to-head PSM study to estimate the effect of EBRT boost and HDR-BT boost on survival among patients with CC who received standard WPRT. HDR-BT boost exhibited greater survival compared with EBRT boost for CC treatment in all FIGO stages, except stage IVA (**Table 3 and Figure 1**). These findings should be considered in future clinical practice and prospective clinical trials.

This study has some limitations. First, all patients with CC were enrolled from an Asian population, and the effect of ethnic susceptibility remains unclear; therefore, caution should be exercised when extrapolating our results to non-Asian populations. Second, the diagnoses of all comorbid conditions were based on

ICD-9-CM codes. However, the Taiwan Cancer Registry Administration randomly reviews charts and interviews patients to verify the accuracy of the diagnoses, and hospitals with outlier charges or practices may be audited and heavily penalized if malpractice or discrepancies are identified. A large-scale randomized trial comparing carefully selected patients undergoing suitable treatments is essential for obtaining crucial information on population specificity and disease occurrence. Third, there is no comparative study until now for different side effects from contemporary EBRT and HDR-BT boost in CC patients. In our study, the side effects of contemporary EBRT and HDR-BT boost were not recorded in the TCRD. Thus, we could not analyze the side effects of different techniques of irradiation boost. However, the irradiation courses were completed with sufficient irradiation dose in the enrolled patients, there was no potential bias for treatment toxicity contributed to all-cause death. Therefore, our conclusion could not be overturned. Finally, the Cancer Registry database does not contain information regarding dietary habits, socioeconomic status, or body mass index, all of which may be risk factors for mortality. However, the magnitude and statistical significance of the observed effects in this study suggest that these limitations are unlikely to have affected the conclusions.

### Conclusions

BT boost should be the first choice of RT boost instead of EBRT boost for patients with CC, regardless of whether they have received IMRT boost or VMAT boost.

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### Disclosure of conflict of interest

None.

### Abbreviations

EBRT, external beam radiotherapy; CC, cervical cancer; IMRT, intensity-modulated radiation

therapy; VMAT, volumetric modulated arc therapy; HDR, high dose rate; BT, brachytherapy; PSM, propensity score matching; AHR, adjusted hazard ratio; CI, confidence interval; HR, hazard ratio; CCI, Charlson comorbidity index; RT, radiotherapy; LDR, low dose rate; TCRD, Taiwan Cancer Registry Database; WPRT, whole-pelvis radiotherapy; FIGO, International Federation of Gynecology and Obstetrics; SBRT, stereotactic body radiation therapy; ICD-9-CM, International Classification of Diseases, Ninth Revision, Clinical Modification; OS, overall survival; BED, biologically effective dose.

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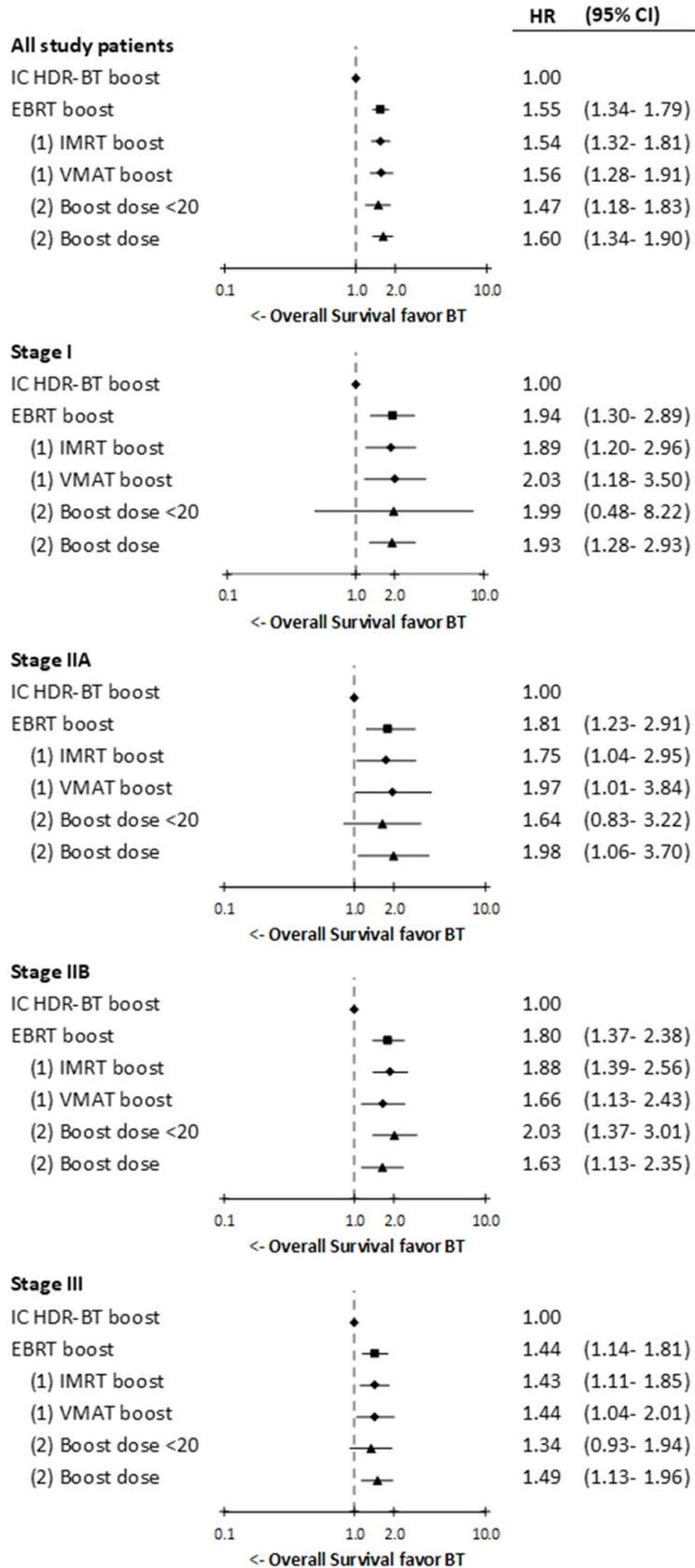
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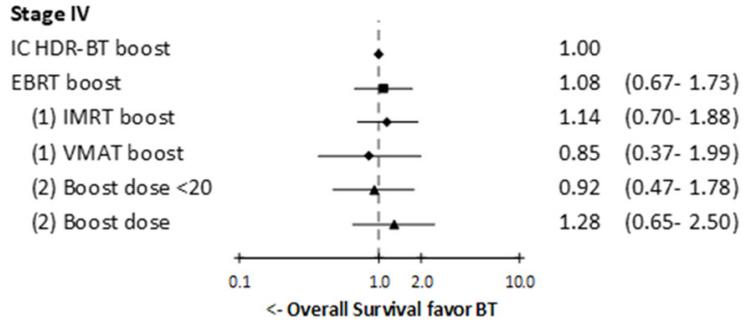
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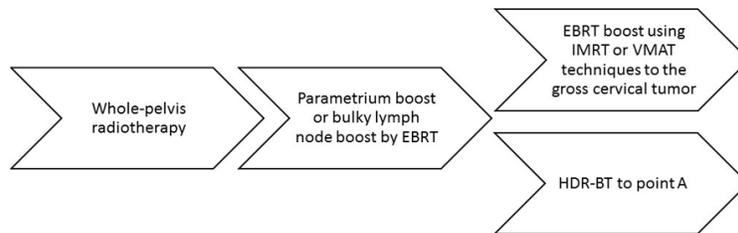
## EBRT boost or HDR-BT boost for CC



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**Supplementary Figure 1.** Adjusted hazard ratios of all-cause mortality for propensity score-matched cohorts receiving treatment with different contemporary EBRT techniques and boost dosages. EBRT, external beam radiotherapy; IC, intracavitary; CI, confidence interval; HR, hazard ratio. \*All variables in **Table 2** were used in the multivariate analysis.



**Supplementary Figure 2.** The timeline of EBRT boost or IC HDR-BT boost. EBRT, external beam radiotherapy; HDR, high dose rate; BT, brachytherapy; IMRT, intensity-modulated radiation therapy; VMAT, volumetric modulated arc therapy.